



Self Advocates in Leadership

# SAIL UPDATE



December 2010

**Relax and Take Time For Yourself, Session is Just Around the Corner!!**

## David Lord from Disability Rights Washington Came to SAIL

David came to SAIL to encourage everyone to tell your story, when you come to Olympia this session. Your story is one of the most powerful way you can get your message across. David spent time talking about all of the proposed cuts that will impact people with disabilities. One way that DRW is helping in the effort is by

**We need to hear from you. These cuts must be stopped.**

If you have a story to tell about how the cuts will harm you, **contact Disability Rights Washington at: 1-800-562-2702 x 101.** TTY callers please contact us between 8:30 a.m. and 5:00 p.m. at **1-800-905-0209.**

**You can also e-mail us at [yourstory@dr-wa.org](mailto:yourstory@dr-wa.org)**

## The Group Does Some Brainstorming



It had been suggested by a SAIL member that the group needed a statement that could be handed out at Committee meetings and when individuals meet with Legislators. In an effort to begin drafting a document Brian Dahl from the Developmental Disabilities Council helped the group to do some brainstorming. With those ideas Emily is going to draft something to bring to the next meeting.

## The Statewide Legislative Reception is Coming!

The annual Statewide Legislative Reception is almost here! Please plan on coming if you can!

**Wednesday, January 19, 2011**

**Briefing: 2:30-4:30 pm**

The United Churches

110 Eleventh Ave SE

Olympia, WA 98501

**Reception: 5:30-7:30 pm**

Columbia Room

Legislative Building

This is usually a very busy evening so plan to bring some snacks and a water bottle!

Looking forward to seeing you!



## Food for the Meeting



Since we have moved to our new location, there is only one cookie per person. Also there is diabetic choice being offered. Thanks for your cooperation!

## Which Advocacy Days are coming up in January?



January 19: Legislative Reception



January 26: Session Overview

### Please Be Aware of Some Changes to the Capitol Campus and other Useful Information

This session will be a challenge for many reasons. One thing to be aware of is the fact that the John L. O'Brian Building will be undergoing renovations this session. This means that there are portables to the side of the Library (old cafeteria) where many of the Representatives offices will be located. There are some physical access issues with the set up so as soon as we have more details you can find more information here. Also as you are making plans to come to Advocacy Day it is important to know that the large cafeteria has been closed and the only place to eat is the small cafeteria in the Legislative Building. With that in mind, it might be a good idea to bring your lunch, that way you can eat your lunch at the church following the Advocacy Day briefing. Also it is not a good idea to drink the water in the buildings so bringing a water bottle might be the best solution.



### A Note from the Chair



December 2010

Hi, Everyone!

Thank you for attending the SAIL meeting. We had a great discussion on the budget cuts. I hope you all have a wonderful Christmas and New Year.

See you in 2011!

Your Chair, Heather Harper

### The DDC Wants to Know if You Would Like to be On Their Mailing List



The Developmental Disabilities Council currently funds SAIL. They have asked to send other things to our mailing list that they think will be of interest to you. If you do not want to receive other information please e-mail Emily at [emily@arcwa.org](mailto:emily@arcwa.org) or call 1-888-754-8798. Please call before February 1, 2011. Thanks for your cooperation.



**Once I Get to the Airport, Where Do I Go?**



**Summit Room**

**Ticketing Level Between American and Delta Airlines,  
Behind The Ticket Counter on the Back Wall**

**between Currency Exchange and Seattle's Best Coffee**

**Need additional information? Please call (206) 618-3818 on the day of the meeting**